



IMA FOCUS

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Happy **2026** New Year



WORLD AIDS DAY
1ST DECEMBER



International Day of PERSONS WITH DISABILITIES
3rd DECEMBER



All India Medical Conference
IMA NATCON 2025
27th & 28th DEC. 2025
Saturday & Sunday



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Meeting ID : 477 216 0084 / Passcode : imaksb





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Editorial

From the Desk of
Dr. Anitha D.



Greetings from IMA focus.

ಎಲ್ಲಾದರು ಇರು ಎಂತಾದರು ಇರು । ಎಂದೆಂದಿಗೂ ನೀ ಕನ್ನಡವಾಗಿರು । ಕನ್ನಡವೇ ಸತ್ಯ ಕನ್ನಡವೇ ನಿತ್ಯ

As the lines of this song still ring in our ears, I hope that all of us celebrated Kannada Rajyotsava with joy and pride.

It is very encouraging to see that the new team of office bearers, under the leadership of Dr. Veerabhadraiah T A has already begun actively carrying out IMA activities. I also congratulate our President on successfully delivering the first “President Speaks” address. This initiative is a wonderful platform that allows direct communication with the President, enabling us to share our concerns and receive valuable feedback.

I request all members to attend this program in large numbers on the Zoom platform.

World Diabetes Day — 14 November: World Diabetes Day is the leading global awareness campaign dedicated to Diabetes Mellitus. Led by the International Diabetes Federation (IDF), this day promotes education, advocacy, and action for better diabetes care. *Theme for 2025*: “Diabetes Across Life Stages” — emphasizing prevention, diagnosis, and management of diabetes at every phase of life.

World Prematurity Day — 17 November: Observed globally on 17 November, World Prematurity Day draws attention to the challenges faced by preterm infants and their families. It reminds us of the importance of quality newborn care and early interventions.

Theme: “Give Preterm Babies a Strong Start for a Hopeful Future”.

IMA HQS Handwashing Moment — 20 November: The Indian Medical Association Headquarters has called for a nationwide hand-hygiene awareness initiative on 20 November. *Slogan*: “Clean Hands Save Lives”. This Hand Hygiene Awareness Drive reinforces the importance of

regular handwashing in preventing infections across healthcare and community settings.

Ensuring the Safety of Medical Doctors: The safety of medical professionals is crucial, as they regularly encounter occupational hazards. Key considerations include:

1. Infection Control: Proper use of PPE, adherence to hand-hygiene protocols, and strict sterilization practices significantly reduce exposure to infectious agents.

As frontline ambassadors of healthcare, doctors increasingly face summer-related illnesses such as gastroenteritis and allergic disorders within the community. It

is essential that we protect our own health—remaining disease-free and physically fit—to continue fulfilling our noble responsibilities while maintaining balance between professional duties and family life.

Important Health and Awareness Days in December

- 1 December — World AIDS Day
- 2 December — National Pollution Prevention Day
- 3 December — International Day of Persons with Disabilities
- 9 December — World Patient Safety Day

Jai Hind

Jai Karnataka

Long Live IMA



ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಪ್ರಾರ್ಥನೆ

ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ದುಃಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,
ಎಲ್ಲಾ ಆಸೆ ಆಮಿಷಗಳನ್ನು ಮೀರಿ
ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.



IMA PRAYER

May everybody be happy
May everybody be healthy
May everybody be free from pain
May everybody be free from sorrow
May we be the healing cure
Beyond every greed & lure

ಧ್ವಜ ವಂದನೆ



ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜಕ್ಕೆ ವಂದನೆ ಸಲ್ಲಿಸಲು ಇಲ್ಲಿ ನಿಂತಿದ್ದೇವೆ. ಅದರ ಗೌರವ ಮತ್ತು ವೈಭವವೇ ನಮ್ಮ ಬೆಳಕು ಮತ್ತು ಶಕ್ತಿ ಮತ್ತು ಅದರ ಪಥವೇ ನಮ್ಮ ಪಥವು. ಈ ರಾಷ್ಟ್ರೀಯ ಸಂಸ್ಥೆಯ ಮಾನ್ಯತೆ ಪಡೆದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ಜವಾಬ್ದಾರಿಗಳನ್ನು ಅರಿಯುವ ಮೂಲಕ ಅದಕ್ಕೆ ನಮ್ಮ ನಿಷ್ಠೆಯನ್ನು ತೋರಿಸುವ ಪ್ರತಿಜ್ಞೆ ಮಾಡುತ್ತಿದ್ದೇವೆ. ದೇಶಸಮೂಹಗಳ ನಡುವೆ ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜವು ಉನ್ನತ ಮಟ್ಟದಲ್ಲಿ ಹಾರಾಡುವ ಸಲುವಾಗಿ ನಮ್ಮ ಅಧಿಕಾರದಲ್ಲಿರುವ ಎಲ್ಲವನ್ನೂ ಅದಕ್ಕೆ ಸಮರ್ಪಿಸುವ ಪ್ರಮಾಣ ಮಾಡುತ್ತಿದ್ದೇವೆ.

ಜೈಹಿಂದ್ ಐ.ಎಂ.ಎ. ಚಿರಾಯುವಾಗಿರಲಿ

ಅಧ್ಯಕ್ಷರ ಸಂದೇಶ

ಡಾ|| ವೀರಭದ್ರಯ್ಯ ಟಿ.ಎ.



ಎಲ್ಲರಿಗೂ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವದ ಶುಭಾಷಯಗಳು ಮತ್ತು ಶುಭ ಕಾಮನೆಗಳು

ನಾನು ದಿನಾಂಕ 23-10-2025 ರಂದು ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘ, ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಖೆಯ ಅಧ್ಯಕ್ಷನಾಗಿ ಅಧಿಕಾರ ಸ್ವೀಕರಿಸಿದ ನಂತರ ದಿನಾಂಕ 01-11-2025 ರಂದು ರಾಜ್ಯ ಶಾಖೆಯ ಆವಣರದಲ್ಲಿ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವವನ್ನು ಆಚರಿಸಲಾಯಿತು. ಈ ಸಂದರ್ಭದಲ್ಲಿ ಕೇಂದ್ರ ಸಂಘದ ಉಪಾಧ್ಯಕ್ಷರಾದ ಡಾ. ಬಿದಿನಾಳರವರಿಗೆ ಸನ್ಮಾನಿಸಲಾಯಿತು. ಅವರು ಕರ್ನಾಟಕದ ಇತಿಹಾಸದ ಬಗ್ಗೆ ವಿವರಣೆಯನ್ನು ತುಂಬಾ ಚೆನ್ನಾಗಿ ವರ್ಣಿಸಿದರು.

ದಿನಾಂಕ 07-11-2025 ರಂದು ಮಾನ್ಯ ಗೃಹಸಚಿವರನ್ನು ಭೇಟಿಯಾಗಿ ನಮ್ಮ ಜ್ವಲಂತ ಸಮಸ್ಯೆಯಾದ ಅಗ್ನಿ ಸುರಕ್ಷತಾ ನಿರಾಪೇಕ್ಷಣಾ ಪತ್ರ ಪಡೆಯುವ ಬಗ್ಗೆ ಇಲಾಖೆಯಲ್ಲಿ ಬಾಕಿ ಇರುವ ಕಡತವನ್ನು ಶೀಘ್ರವಾಗಿ ವಿಲೇವಾರಿ ಮಾಡಿಸಿ ಸೂಕ್ತ ಸರ್ಕಾರಿ ಆದೇಶ ಹೊರಡಿಸಲು ಕೋರಲಾಯಿತು. ಮಾನ್ಯರು ಇದಕ್ಕೆ ಒಪ್ಪಿ ಆ ಕಾರ್ಯವು ಪ್ರಗತಿಯಲ್ಲಿದ್ದು ಶೀಘ್ರದಲ್ಲೇ ಸರ್ಕಾರಿ ಆದೇಶವನ್ನು ನಿರೀಕ್ಷಿಸಬಹುದಾಗಿದೆ.

ಮಾನ್ಯ ಆರೋಗ್ಯ ಸಚಿವರನ್ನು ಸಹಾ ಭೇಟಿಯಾಗಿ ಈ ವಿಚಾರದಲ್ಲಿ ಸಹಕಾರ ನೀಡಲು ಕೋರಲಾಗಿ, ಸಚಿವರು ಒಪ್ಪಿರುತ್ತಾರೆ. ದಿನಾಂಕ 09-11-2025 ರಂದು ರಾಜ್ಯ ಕಾರ್ಯಕಾರಿಣಿ ಸಭೆಯನ್ನು ಕರೆಯಲಾಗಿದ್ದು, ಖಾಲಿ ಹುದ್ದೆಗಳ ಭರ್ತಿ ಮಾಡಲಾಯಿತು. ಯಶಸ್ವಿಗಾಗಿ ಎಲ್ಲರ ಸಹಕಾರ ಕೋರಲಾಯಿತು.

ಅಂದೇ ಚಿಕ್ಕಬಳ್ಳಾಪುರ ಶಾಖೆಗೆ ಭೇಟಿ ನೀಡಿ ನೂತನ ಪದಾಧಿಕಾರಿಗಳಿಗೆ ಪದಗ್ರಹಣ ಮಾಡಲಾಯಿತು. ಹಾಗೂ ಎಲ್ಲಾ ಕಾರ್ಯಕ್ರಮಗಳು, ಸ್ಥಿಂಗಳ ಬಗ್ಗೆ ವಿವರವಾಗಿ ತಿಳಿಸಲಾಯಿತು.

13-11-2025 ರಂದು ಸುಳ್ಯ ಶಾಖೆಗೆ ಭೇಟಿ ನೀಡಿ, ನೂತನ ಪದಾಧಿಕಾರಿಗಳಿಗೆ ಪದಗ್ರಹಣ ಮಾಡಲಾಯಿತು. ಎಲ್ಲರೂ ಸಕ್ರಿಯವಾಗಿ ಪಾಲ್ಗೊಳ್ಳಲು ಕರೆ ನೀಡಲಾಯಿತು.

19-11-2025ರಂದು ಏ.ಎಂ.ಆರ್. ವಾರದ ಪ್ರಯುಕ್ತ ಬಿ.ಬಿ.ಎಂ.ಪಿ. ವ್ಯಾಪ್ತಿಯ ವೈದ್ಯಾಧಿಕಾರಿಗಳಿಗೆ ಸಿ.ಎಂ.ಇ.

ಏರ್ಪಡಿಸಲಾಗಿತ್ತು.

19-11-2025 ರಂದು ರಾಜೀವ್‌ಗಾಂಧಿ ವೈದ್ಯ ವಿಶ್ವವಿದ್ಯಾಲಯದ ಉಪಕುಲಪತಿಗಳನ್ನು ಭೇಟಿ ಮಾಡಲಾಯಿತು. 20-11-2025ರಂದು ಆಹಾರ ಸುರಕ್ಷತಾ ಹಾಗೂ ಔಷಧ ಆಡಳಿತದ ಆಯುಕ್ತರನ್ನು ಭೇಟಿಯಾಗಿ ಆಸ್ಪತ್ರೆಗಳಲ್ಲಿ ನಾಕೋಟಿಕ್ ಔಷಧಗಳ ಬಳಕೆ ಬಗ್ಗೆ ಉಂಟಾಗಿರುವ ಗೊಂದಲಗಳನ್ನು ನಿವಾರಿಸಲು ಕೋರಲಾಯಿತು.

21-11-2025 ರಂದು ರಾಜೀವ್‌ಗಾಂಧಿ ವೈದ್ಯ ವಿಶ್ವವಿದ್ಯಾಲಯದ ನೂತನ ಕಟ್ಟಡ ನಿರ್ಮಾಣ ಸ್ಥಳ (ರಾಮನಗರ)ಕ್ಕೆ ಉಪಕುಲಪತಿ, ಸೆನೆಟ್, ಸಿಂಡಿಕೇಟ್ ಸದಸ್ಯರೊಂದಿಗೆ ಭೇಟಿ ನೀಡಿ ಸೂಕ್ತ ಮಾರ್ಪಾಡುಗಳ ಬಗ್ಗೆ ಸೂಚಿಸಲಾಯಿತು.

23-11-2025ರಂದು ತುಮಕೂರು ಶಾಖೆ ವತಿಯಿಂದ ಜರುಗಿದ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವದಲ್ಲಿ ಪಾಲ್ಗೊಳ್ಳಲಾಯಿತು. ನಾಡೋಜ, ಬರಗೂರು ರಾಮಚಂದ್ರಪ್ಪನವರು ಮುಖ್ಯ ಅಧಿಪತಿಗಳಾಗಿ ಆಗಮಿಸಿದ್ದರು.

“ವೈದ್ಯರ ನಡೆ ಶಾಲೆ ಕಡೆ, ವೈದ್ಯರ ನಡೆ ಹಳ್ಳಿ ಕಡೆ” ಕಾರ್ಯಕ್ರಮವನ್ನು ಕೆಲವು ಶಾಖೆಗಳು ಯಶಸ್ವಿಯಾಗಿ ನಡೆಸುತ್ತಿದ್ದು, ಉಳಿದವರೂ ಸಹ ಕಾರ್ಯಕ್ರಮವನ್ನು ಯಶಸ್ವಿಗೊಳಿಸಲು ಕೋರುತ್ತೇನೆ.

ಕೆಲವು ಶಾಖೆಗಳು ಕೈ ಶುಚಿತ್ವ ಬಗ್ಗೆ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ಹಮ್ಮಿಕೊಂಡಿರುವುದು ಹೆಮ್ಮೆ ವಿಚಾರ. ಕಾರ್ಯಕಾರಿ ಸಮಿತಿಯ ಕೆಲವೇ ಉಪಸಮಿತಿಗಳು ಚಟುವಟಿಕೆಗಳನ್ನು ಚುರುಕಾಗಿ ಮಾಡುತ್ತಿದ್ದು ಉಳಿದವರೂ ಸಹ ಸಹಕರಿಸಲು ಕೋರುತ್ತೇನೆ. 22, 23-11-2025 ರಂದು ಧಾರವಾಡ ಶಾಖೆಯ ವತಿಯಿಂದ ಟೆನ್ನಿಸ್ ಪಂದ್ಯಾವಳಿಯನ್ನು ಯಶಸ್ವಿಯಾಗಿ ಆಯೋಜಿಸಲಾಗಿತ್ತು. ಧಾರವಾಡ ಶಾಖೆಯ ಅಧ್ಯಕ್ಷರು ಹಾಗೂ ಎಲ್ಲಾ ಪದಾಧಿಕಾರಿಗಳಿಗೂ ಧನ್ಯವಾದಗಳು.

ಎಲ್ಲರ ಸಹಕಾರವಿದ್ದರೆ ಮುಂದಿನ ದಿನಗಳಲ್ಲಿ ಇನ್ನೂ ಹೆಚ್ಚು ಸಾಧನೆ ಮಾಡಲು ಸಾಧ್ಯ ಎಂದು ತಮ್ಮೆಲ್ಲರ ಸಹಕಾರ ಕೋರುತ್ತೇನೆ.

ಸೌ|| ರಾಜ್ಯ ಕಾರ್ಯದರ್ಶಿಗಳ ಸಂದೇಶ

ಡಾ. ಸೂರಿರಾಜು ವಿ.



Since the MediCon-91 conference one month ago, our subcommittees have been assigned clear roles and responsibilities, and I'm happy to share that they have already begun their work with great enthusiasm. President Dr. Veerabhadraiah. T.A. has actively visited multiple local branches, strengthening coordination across the state.

On the Fire NOC issue, we continue to fight relentlessly. President Dr. Veerabhadraiah. T.A. sir and myself, has met the Hon. Home Minister, the Chief Secretary Dr. Sharath Chandra, and senior officials from the Fire Department several times. Follow-up is being done closely. We strongly urge the government not to delay the GO and to ensure a hospital-friendly policy.

Regarding quackery, which is rampant and harming society, every doctor and every local branch must play an active role in reporting quacks to the authorities. Both Dr. Veerabhadraiah. T.A and I have prepared a clear one-year roadmap addressing issues such as quackery control, IMA Nadige Shalekadege, Fire NOC reforms, and other key initiatives.

Let us all work hard and smart for a better, safer future for doctors and hospitals in Karnataka.

I request all members to register for NATCON 2025 in large numbers and show our collective strength.



Jai Hind!

Jai Karnataka!

Long live IMA!



Obituary

Dr. D. RAJANNA
IMA Chellakere

Vice-President's Message!

From the Desk of

Dr. Mohan Appaji



Dear esteemed members of I.M.A Karnataka State.

“Greetings from IMA-KSB”

I am very happy to work under new team for this current year (2025-26), with our Sitting President of IMA-KSB, Shri Veerbhadraiah and Hon. Secretary Dr. Suriraju, Treasurer Dr. Shankarnarayan K.G. and all the past Presidents and Vice Presidents.

Dr. V.V. Chiniwalar- Immediate Past President, Dr. Suriraju V. - Hon. State Secretary, Dr. Shankarnarayan. K.G. – Hon. Treasurer, Dr. Annayya Kulal- Vice President, Dr. Vijay Kumar S. Kappikeri- Vice President, Dr. Rajni. S. – Women Vice President, Dr. Madanshankar . L – Hon. Joint Secretary, Dr. Mahesh - Assistant Secretary.

Dr. Soumya Y.J. - P.R.O, Dr. Harish Delantha Bettu- President Elect.

Main Objectives of IMA-KSB.

1. Protection of Doctors.
2. Improving Public health focusing on rural health.

3. Updating Medical knowledge to our Members, health research, eradication of Medical Quacks.

- Adopting a village by IMA branches.
- Supporting our Soldiers and Ex-Service Mens.
- Membership drive, to strengthen the associations.
- Motivation of Members of Local branches to become members of IMA-KPPS, IMA-KSSS & IMA-KHS Schemes, where in members & their dependents are also benefited by KSSS & KHS.
- I am thankful to our past presidents, who are my mentors, given an opportunity to serve IMA-KSB.

4. I request our Golfers – IMA KSB to enroll in forth coming 2nd IMA Golf Tournament at Down's Golf Club, Madikeri, on Feb 28th, 2026 along with District and Divisional Coordinators meet on March 1st 2026. All are Welcome.

Jai Hind!

Jai Karnataka!

Long live IMA!



Indian Medical Association's

PH: 0836-2355656

KARNATAKA SOCIAL SECURITY SCHEME (IMA'S- KSSS), Regd.I.M.A House, 2nd Floor, Bailappanavar Nagar, Hubballi-580029 (Reg. No 47/91-92)

Mob: 9483991027

Email: imaksshbl@gmail.comWeb: www.imakssshubli.org**Chairman**

Dr. Yogananda Reddy Y. C.
Prithvi Children's Hospital,
Kappagal Road, Y. Nagesh Shashtri Nagar,
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2025-2028

Secretary

Dr. Sachin Revankar
Galgali Hospital,
Deshpande Nagar,
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Cell - 9880250083

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Joint Secretary:

Dr. Venkatachalapathy.
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Joint Secretary:

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Dr. Jaspal Singh Tehalia
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Dr. Rajashekhar. Dundaraddy
Cell: 9886719117

Dr. Soumya Y J
Cell: 9845222245

Ref: IMAKSSS/HBL/2944/2025

Date: 20-11-2025

NOTICE OF 2nd SPECIAL GENERAL BODY MEETING

Dear Sir / Madam

The 2nd Special General Body Meeting of IMA's-KSSS will be held under the auspices of IMA Karnataka State Branch, on Friday 14th December 2025 at 10.00am on online zoom platform

AGENDA

01. Welcome by the Chairman and IMA Prayer
02. Reading of the Meeting Notice by the Secretary
03. Confirmation of Amendments to constitution of IMA KSSS as approved in 1st Special General Body Meeting held on 24th October 2025 at Gangavathi
 - a) Under section (3).C fraternity contribution. (d).

To insert at the end of the para “and on the year of completion of 25 years the concerned member is expected to enroll 1 new member”

- b) Under section (6). B. Disqualification. (II)

Replace “Registered AD Notice” with “speed post or courier notice”

04. Vote of thanks

Thanking you,
Yours sincerely

DR.Y.C. YOGANANDA REDDY
Chairman

DR. SACHIN REVANKAR
Secretary

NOTE: Please bring the meeting notice to avoid inconvenience and for smooth business of the meeting.

No extra copies will be made available

BRANCH ACTIVITIES

Branch: Athani
President: Dr. Smita Chougala
Secretary: Dr. Murgesh Awati

The DHO officials briefed the members on the importance of standardized EDAR documentation for all emergency trauma cases, ensuring uniformity, timely recording and medico legal safety. Updates were also shared on PCPNDT ACT protocols, record maintenance, F form submission and steps to avoid non-compliance issues. All members were requested to follow the mandatory guidelines strictly and co operate with the health department.

Branch: Belagavi
President: Dr.Hemanth Koujalagi
Secretary: Dr.Raghavendra D.Sagar

On 02.11.2025 - Drawing and Colouring Competition at IMA hall ,Belagavi Branch. a vibrant Drawing and Colouring Competition was organized for both children and adults, segmented into various age groups to encourage participation across generations. The event saw an enthusiastic turnout with nearly 45 participants, each showcasing their artistic skills and creativity. Participants were given themes such as "Nature," "Yakshagana," "Channapatna Toys," "Flag Painting," and more. The diverse themes allowed for a colourful array of artworks, displaying a wonderful blend of imagination and cultural heritage. The competition was judged by Dr. Nikam and Mrs. Latha, a renowned drawing expert from Belagavi. Their expertise ensured a fair and insightful evaluation of the entries. The event concluded on a delightful note with the distribution of snacks and high tea, providing a perfect opportunity for participants and their families to interact and appreciate each other's work. The competition not only fostered artistic talent but also strengthened the sense of community among attendees. On 05.11.2025 IMA 2nd WC Meet with Kannada Rajyotsava Celebration. On 05.11.2025, the Indian Medical Association (IMA) hosted its 2nd WC meet, coinciding with the Kannada Rajyotsava celebrations. The event witnessed a remarkable attendance, with over 125 members, their families, and children gracing the occasion. The evening was filled with cultural exuberance, beginning with the rendition of Kannada songs and patriotic tunes that resonated with the spirit of Rajyotsava. The audience was treated to dynamic performances, including a traditional Yakshagana dance, a graceful Bharatanatyam recital, and engaging skits and dramas that highlighted the rich heritage of Karnataka. A

fancy dress competition added fun to the evening, with children and adults dressed in creative costumes representing different facets of Karnataka's culture. The event fostered camaraderie and pride among the members. The celebrations culminated in a sumptuous dinner, further strengthening the bonds within the IMA community. On 08.11.25 - IMA State Cricket Tournament (40+ Years), On 8th November 2025, Belagavi IMA played host to a landmark event: the IMA State Cricket Tournament for doctors aged 40 years and above. Organized under the able leadership of sports committee secretary Dr. Darshan Rajput and other sports committee members Dr Sadanand Nandihalli, Dr Mahantesh Mudkangoudar and Dr Moinuddin Nadaf. This was the first time such a tournament was held in North Karnataka, drawing significant attention and participation. Over 16 teams from various regions competed passionately, displaying sportsmanship and teamwork. The matches were keenly contested, providing a platform for doctors to engage in healthy recreation and build camaraderie outside their professional lives. The inauguration and fellowship was held at J.N Medical College, the "Kempegowda Warriors, Bengaluru" clinched the championship title, while the "Costal Tigers, Mangalore" finished as runners-up. The tournament was hailed as a great success, setting a new benchmark for future sporting events in the region. On 16.11.2025 Rotary Belagavi Marathon Achievement. On 16th November 2025, Dr. Sumitha Ruttonji achieved a remarkable milestone by completing the Rotary Belagavi Marathon. She secured first place in the 36-45 age category, finishing the 10 km race in an impressive time of 1 hour and 21 seconds. Dr. Sumitha's achievement was lauded by the community, serving as an inspiration for others to pursue fitness and an active lifestyle. On 20.11.2025 - Cancer Awareness Talk at Jeevan Jyothi School. On 20th November 2025, Dr. Raghavendra D. Sagar conducted an impactful cancer awareness session for teachers at Jeevan Jyothi School, Mahantesh Nagar, Belagavi. The event was attended by over 50 teachers, who actively engaged in the session. Dr. Sagar covered vital topics including early signs of cancer, preventive measures, and the importance of regular screenings. The interactive nature of the session encouraged teachers to ask questions and clarify doubts, ensuring a better understanding of cancer prevention and care. The talk was highly appreciated and considered a valuable initiative towards community health education. On 20.11.2025 - Clinical Meeting at IMA Hall Belagavi Branch. A Clinical Meeting was convened at the IMA Hall, featuring a session on financial management tailored for doctors. The session began with the Kotak Bank manager

delivering an informative talk on various financial matters, including insurance options, account management, and mutual funds, all specifically relevant to medical professionals. This was followed by Dr. Prashant Katakol's insightful presentation on health and wellbeing, emphasizing the importance of self-care and holistic wellness for doctors. Around 100 IMA members attended the meeting, which concluded with a fellowship and dinner, providing a relaxed environment for members to network and share experiences.

Branch:	Bengaluru
President:	Dr. Bharath Raju G
Secretary:	Dr. Pradeep Kumar K N

On 01.11.2025 Kannada Rajyotsava was celebrated. Flag hoisting at 8.30am followed by Guest address. On 02.11. CME organized in association with BOS- held at Hotel Sanctum, Gandhi Nagar at around 10.00am Attend by Our President Dr. Bharath Raju G Vice president Dr. Anantha Ramaiah T Treasure Dr. Narasimaha Murty N, 60 members participant. On 05.11.2025 - IMA & FOGSI | Critical HPV Vaccine Training. A vital session for clinicians (Gynaecologists, Paediatricians, GPs) was conducted to discuss the latest protocols and communication strategies for effective HPV vaccine implementation. The session aimed to strengthen cancer prevention initiatives. The program was attended by our WDW Dr. Rajasree M.B. On 07.11.2025 - Adolescent Health Awareness Session. An awareness session for high-school children on Adolescent Health was conducted at Kendriya Vidyalaya by our president Dr. Bharath Raju G Dr. Sathyavathi, Dr. Uma Rao, Questionnaires were also distributed to students after the session. On 07.11.2025 National Cancer Awareness Day Program: A Cancer Prevention & Awareness session was held at Janata Vidyalaya, Chamarajpet, Bangalore, for secondary-school and high-school students. Topics covered included the ill-effects of tobacco and alcohol, the importance of avoiding exposure to tobacco in any form, healthy eating habits, lifestyle modification, and HPV vaccination. 100 students attended, and their doubts were actively clarified. Dr. Rajasree M.B. OBG Consultant Dr. Roopa. On 09.11.2025 - Amputation-Free India 2025 Walkathon Dr. Venugopal and IMA Members attended the Walkathon. On 10.11.2025 Awareness Session at Little Flower School Topics included adolescent health, screen-time reduction, and healthy eating habits. 50 children participated and clarified their doubts. Session conducted by Dr. Kishore Baindur, Dr. Sathyavathi On 11.11.2025 - World Pneumonia Day Program: IMA Bangalore Branch & IMA BB Ladies Wing observed World Pneumonia Day at BBMP School, Chamarajpet. A health talk was given to higher

primary school students, with an audiovisual presentation using educational videos and PPT. 120 students attended the interactive session. On 11.11.2025 Adolescent Health Awareness (Morning Star School) Awareness session conducted for 10th-standard students by Dr. Vimochana, Dr. Padmavathi, Dr. Bharath, 40 students participated. On 14.11.2025 Children's Day Celebration at KIMS Hospital. Organized by Paediatrics Department, KIMS, Bangalore, in association with IMA Bangalore Branch. The event saw excellent participation from IMA BB President, Honorary Secretary, past presidents, EC members, paediatric staff, nursing staff, and children along with their parents. A special note of appreciation was given for their encouragement and support. On 14.11.2025 - Diabetes Awareness Program IMA team members enthusiastically participated in the World Diabetes Day 2025 Walkathon organized by KRSDI. The collective presence of IMA Bangalore not only highlighted the importance of diabetes awareness but also reinforced the branch's commitment to preventive health and community wellbeing. Vice president Dr. Mahesh K.M., Dr. Anoma, Dr. Jnanendrapa and Dr. Govind Dayalu, were felicitated by the BBMP team. Dr. A. Rajendra (National Vice President, RDDIP), Dr. Karthik, and Dr. Srinivar (Treasurer & IMA Karnataka Governing Council Member) also joined the program. Special thanks to all the members who took time from their busy schedules to represent our association with pride. Your participation made the event meaningful. Let us continue to inspire healthy living and support public health initiatives in the future as well. On 15.11.2025 - Public Health Guest Lecture: A public health lecture was delivered by Dr. Kiran Kumar (Cardiologist) on the topic "Recent Advances in Interventional Cardiology." Another lecture was delivered by Dr. Mamatha M. on the topic "Red Eye" on 15.11.2025 at IMA House Auditorium. The session was attended by 90 participants. Free health checkups conducted: Bone Density Analysis and Diabetes Eye Screening Camp. On 17.11.2025 - IMA Bangalore Branch Ladies Wing a special cultural program was organized to celebrate the making of Kadlekai Parishe (groundnut festival), a free public event. Secretary Dr. Rajasree M.B., Treasurer Dr. Padmavathi, and Ladies Wing volunteers distributed groundnuts to the public. Kadlekai Parishe, one of Bengaluru's oldest festivals, is traditionally observed on the last Monday of the Kartika month. On 20.11.2025 - National Handwashing Moment: At 12 Noon, on 20th November 2025, IMA Bangalore Branch observed the National Handwashing Moment, following a call given by the Indian Medical Association Headquarters. The program aimed to raise awareness on preventing infections and controlling antimicrobial resistance (AMR) during World AMR Awareness Week

(November 18–24, 2025). National Mission for Prevention of Avoidable Blindness: A national initiative to prevent avoidable blindness caused due to diabetes was highlighted. This mission is a visionary project of the Honourable Prime Minister of India, launched under the Pradhan Mantri Atmanirbhar Jan Arogya Yojana (PMAJAY) framework and recognized by the Ministry of Health & Family Welfare. On 24.11.2025 – AMR Awareness Event: This year's theme: "Act Now: Protect Our Present, Secure Our Future." The session emphasized the urgent need for unified action against AMR. Proper antibiotic use Hygiene measures Restricting over-the-counter antibiotics Preventing self-medication The program was attended by: President Dr. Bharath Raja G. Vice President Dr. Mahesh K.M. treasurer Dr.Narasimaha Murty N EC Members Senior members Dr. Sunitha & Dr. Shwetha Faculty of BMCRI Students and IMA Members. Thank you to all members who participated and reaffirmed our commitment to fight AMR and safeguard patient safety.

Branch:	Vijayapur (Bijapur)
President:	Dr. Girish Kullolli,
Secretary:	Dr. Vijaykumar Patil

On 14.11.2025 Diabetes awareness camp was conducted. BLDE University's Ayurvedic Medical College, in collaboration with the Association of Surgeons of India (ASI), BLDE (Deemed to be University) Shri B.M. Patil Medical College, and the Indian Medical Association (IMA), Vijayapura, conducted a Diabetic Awareness Talk and Screening Camp. A total of 50 patients were screened for diabetes and related health conditions during the camp. The program aimed to enhance awareness about diabetes, promote early detection, and provide proper guidance on its management and treatment. Dr. Manjunath Kottenavar, Professor and Head of the Department of Surgery, BLDE Medical College, delivered an insightful awareness talk emphasizing key aspects of diabetes prevention and care. The event was graced by Dr. Girish Kullolli, President, IMA Vijayapura; Dr. Vijaykumar Patil, Secretary, IMA Vijayapura; and Dr. Ramakanth Blaorkar, Secretary, ASI Vijayapura Chapter. Many postgraduate students from the Department of General Surgery were also present and actively contributed to the program. On 20.11.2025 A Piles Day awareness program was organized under the leadership of ACRSI, along with IMA, ASI, B.L.D.E. Shri B.M. Patil Medical College, Al-Ameen Medical College, and the District Hospital, Vijayapura. A Jatha / Walkathon and Public Awareness Talk was conducted from Gandhi Chowk to Gagan Mahal, Vijayapura, with around 70 participants taking part. The speakers delivered insightful talks focusing on awareness

about piles, early diagnosis, preventive measures, and modern treatment options. As part of the Piles Day activities, a Table Tennis Match was conducted on 20.11.2025 from 5:00 PM to 6:00 PM at the BLDE Sports Complex. On 25.11.2025 A meeting was held with officials from the Employees' State Insurance (ESI) department to discuss and clarify various aspects of the ESI Scheme. The session was conducted at IMA Bhavan and was well attended, with participation from 30 establishments. The officials provided detailed information about ESI rules, benefits, and compliance requirements. Participants also interacted with the officials and clarified their establishment-specific queries.

Branch:	Bhadravathi
President:	Dr. Manjunathan C.
Secretary:	Dr. Vinitanand

World diabetes day celebration by IMA, bhadravathi and Ladies Wing at Nayana hospital Dr Veena bhat Spoke about GDM and diet for GDM, Dr Manjunath IMA president spoke about causes of diabetes and mgt Dr kumarswamy spoke about diabetic retinopathy screening Dr Asha and Nutritionist Smt Vindya spoke on the occasion Dr Veena S Bhat took class on yoga and pranayama for management of Life Style Diseases. Dr Veena S Bhat and others conducted various awareness programme about World Pre-maturity day, GDM for genral public and Asha Workers and also various adolescent Awareness programme.

Branch:	Challakere
President:	Dr. T.M.Nataraja
Secretary:	Dr. Arunkumar Kuna

On 31.10.2025 A CME Programme was conducted. In association with Indiana SJM Heart Centre, Chitradurga. Dr.Arunkumar Kuna secretary welcomed the doctors and introduced the speakers .TOPIC:Latest Advance in Cardiology by Dr.R.S.Karthik. Around fifty doctors participated in the CME. There was a very good interaction between the participants and the speakers .The program was well appreciated by all the doctors. Senior doctors of Challakere felicitated the guest speakers with a Memento. Dr.T.M.Nataraja, president thanked the speakers, doctors and concluded the programme. Dr. Makam Chowdappa Guptha, a distinguished member of our branch, has been honoured with the District Kannada Rajyotsava for outstanding service in the field of medicine. This achievement brings great pride to our branch and serves as an inspiration to fellow members. Rotary club Holalkere invited to give talk on Eye donation to Rotary youth leadership, 56 students were present.

Along with eye donation awareness spoke about Hand wash technique and it's importance by Dr Manjunath C H

Branch:	Chikkamagaluru
President:	Dr. Shashidhara K.B.
Secretary:	Dr. Koushik Sargod

On 21.11.2025 Building Committee Meeting was conducted.

Branch:	Chikkaballapura
President:	Dr. Siddalingappa G
Secretary:	Dr. Mohan Babu KN

On 09.11.2025 New office Bearers Installation ceremony of IMA chikkaballapur was done. Dr. Veerabhadraiah T.A, State President of IMA-KSB was the Chief guest, Dr. Mahesh Kumar was guest of honor, Dr. Siddalingappa G was installed as President of Chikkaballapur, Dr. Mohan babu KN as a Secretary and Dr. Sridhar as Treasurer. On 11/11/2025 adolescent school health program was conducted in Good Shepherd school in Chikkaballapura. A total of 200 children participated in this. Dr Anitha D spoke on cervical cancer vaccination, Dr Sushma S spoke on menstrual hygiene awareness. Dr Harini R cleared many of the myths associated with menstruation and Dr Savitha answered many queries asked by children. IMA is participating in PMSA and ePMSA programs regularly.

Branch:	Coorg
President:	Dr. Sham Appanna
Secretary:	Dr. Prashanth.C.R

On 13.11.2025 CME Programme was conducted. On 30.10.2025 CME Programme was conducted. In collaboration with Apollo Hospital, Mysore. Topics: (1). "Dizziness in outpatient practice" by Dr Amir Moin, consultant Neurologist, (2). "Neurovascular emergencies" by Dr Vinay Hegde Interventional Neuroradiologist IMA KSB, Senior Vice President- Dr Mohan Appaji and District Coordinator- Dr Dhananjaya Medappa were participated.

Branch:	Dharwad
President:	Dr Jagadish Niradi
Secretary:	Dr Rajeev Gothe,

IMA Dharwad in association with Rotary Club midtown Dharwad and API observed world diabetes day on 14 November. A walkathon was organised in the main roads of Dharwad along with free health check up camps.

Branch:	Gadag
President:	Dr. Shridhar Kuradagi
Secretary:	Dr. Rahul Shirol

Brief Report on Events Conducted by IMA Gadag Branch In collaboration with Ladies Wing – NOVEMBER 2025: The month of November 2025 was a highly active and eventful period for the Indian Medical Association (IMA), Gadag Branch, featuring a blend of cultural, academic and social activities. A series of programmes were successfully organized throughout the month, promoting professional development, community service and fellowship among members. 1. BREAST CANCER AWARENESS PROGRAM – 28TH October 2025 A Breast Cancer Awareness programme was held on 28 October 2025 at Gadag Scan Centre, Gadag, as October is the month for Breast Cancer Awareness. Dr Anitha Dharana, consultant Obstetrician Gynaecologist addressed the staff members of private hospitals and emphasized on the importance of early detection and screening. It was organized in association with the IMA Gadag, IMA Gadag Ladies Wing, Gadag Obstetrics and Gynaecological Society, Lions Club of Gadag-Betageri and the Inner Wheel Club of Gadag Betageri. Hospital staff above the age of 35 were screened for Cancer Breast. 2. WORLD PSORIASIS DAY CELEBRATION – 29TH OCT 2025 IMA Gadag Celebrated World Psoriasis Day on 29th October in association with the Lions Club. Grateful for the opportunity to spread awareness and support the community." Dr Tukaram Sori, Consultant Dermatologist, gave a talk. 3. KANNADA RAJYOTSAVA CELEBRATION – 1st NOVEMBER 2025 IMA Gadag celebrated Kannada Rajyotsava on November 1st at the IMA Hall. The event honored Karnataka's rich culture and heritage, featuring flag hoisting, cultural activities, and participation from members of the medical fraternity. It served as a platform to promote unity, pride and appreciation for the Kannada language and traditions. 4. CME ON ABDOMINAL WALL HERNIAS – 12TH NOVEMBER 2025 IMA Gadag, in association with ASI Gadag, successfully conducted a CME on Abdominal Wall Hernias – Laparoscopic Repair on 12-11-2025 at the IMA Hall, Gadag. The programme featured sessions on surgical anatomy by Dr. Prateek Khona, laparoscopic devices by Dr. Aditya Godkhindi, ventral hernia repair by Dr. Ajay Raju, and inguinal hernia repair by Dr. Pavan Patil. The event was sponsored by Healthium Meditech Ltd., Bangalore, and saw active participation from members, contributing to an informative and engaging academic session. 5. HEALTH CHECKUP IN LIONS SCHOOL- 13TH NOVEMBER 2025 On 13th November, IMA Gadag, in association with IMA ladies wing and the Lions Club, conducted a health camp at Lions School, Gadag. More than 300 children were screened, and the camp helped promote early detection and health

awareness among students. The screening was conducted by our Paediatricians Dr Namrata Sajjanar, Dr Roopa Huilgol and Dr Jayaraj Patil. 6. CHILDRENS DAY CELEBRATION AT SCHOOL FOR PHYSICALLY HANDICAPPED- 14TH NOVEMBER 2025 IMA Gadag and the IMA Ladies Wing celebrated Children's Day on 14.11.2025 at Arunodhaya School for Physically Handicapped Children, Gadag. The event included the inauguration of a Rehabilitation Room with parallel bars donated by IMA, cake cutting, a talent show by the children and lunch for all students, making it a meaningful and socially impactful programme. 7. BLOOD DONATION CAMP - 15TH NOVEMBER 2025 A blood donation camp was organized by Shri Satya Sai Baba Samiti, Hulkoti, in collaboration with IMA Gadag and the IMA Blood Bank. A total of 34 units of blood were successfully collected during the camp, contributing to lifesaving healthcare needs. 8. AWARENESS PROGRAM ON FEMALE HEALTH AND MALNUTRITION IN JAGADGURU TONTADARYA COLLEGE- 18th NOVEMBER 2025 An awareness program on Female Health and Malnutrition was organized by the IMA GADAG AND Ladies wing of IMA in collaboration with the Sociology Department at KLE Society's Jagadguru Tontadarya College, Gadag. Dr. Radhika Kulkarni, Senior gynaecologist from Gadag, served as the Chief Guest and delivered an informative lecture. 9) Meeting of hospital owners of Gadag to promote organ donation- 18th NOVEMBER 2025 All private hospital owners met up to discuss regarding organ donation by brain dead donors and ways to create awareness among the public. On this occasion, one such family member was felicitated for the noble act of organ donation of his brain dead relative.

Branch: Gangavathi
President: Dr. Mallanagouda Police Patil
Secretary: Dr. Nagaraj Lokre

On 01-11-2025 On the occasion of Kannada Rajyotsava, a meaningful celebration was held at IMA Bhavan, Gangavathi. The program began with the singing of the Nada Geethe, followed by the respectful garlanding of Bharath Mata. The event also marked the installation of the new office bearers of the IMA Ladies Wing. The ceremony was graced by the presence of Dr. V. V. Chinivalar sir and several past office bearers, whose participation added dignity and inspiration to the occasion. 1-11-2025 Felicitation was done to Dr. Amaresh Patil for being elected as the Central Indian Academy of Pediatrics - Executive Board Member of Karnataka for the term 2025-2026. On 11-11-2024 - World Immunization day" celebration done by IMA" gangavathi in MCH Hospital Gangavathi. Topics Discussed - Importance of

Vaccination, - Communicable disease status now and 50 years back, - Clearing parents doubts about vaccination. On 12-11-2025 - Adolescent Triumph Program (ATP) was conducted at Swami Vivekananda school, Kesaratti, On 12 th November. Around 150 girls attended the programme and various topics such as reproductive and sexual health, nutrition and exercise. On 13-11-2025- Specialty Health Camp was organized by the Indian Medical Association (IMA) Doctors in association with the Department of Health and Family Welfare at Kushtagi Taluka Hospital on 13th November 2025. ENT Surgeon Dr. Avinash Padmashali, Orthopedic Surgeon Dr. Vijay Kumar, and Ophthalmologist Dr. Snehalata Devaraj actively participated in the camp. On 14-11-2025 - On the occasion of Children's Day, a parental education session was conducted on the importance of recreational activities for children's overall development, and sketch book kits. 15-11-2025 - A Continuing Medical Education (CME) program on "Management of Diabetes" was conducted at IMA Bhavan, Gangavathi, on the occasion of World Diabetes Day, delivered by the well-known diabetologist Dr. G. B. Sattur. On 16-11-2025 On the occasion of World Diabetes Day, a Health Awareness Program was organized at the IMA Hall, Gangavathi, in association with the Lions Club on 16th November 2025. More than 250 people actively participated and benefitted from the program. Participants received valuable guidance on healthy food habits, lifestyle modifications, and diabetes prevention. They also underwent diabetes screening along with general health check-ups, making the event highly informative and impactful.

Branch: Gokak
President: Dr. Vishwanath V Shindholimath
Secretary: Dr. Umesh S Nippani

Active Participation in IMA KSB Annual Conference On 23rd October, several members of IMA Gokak actively participated in the IMA KSB Annual Conference held at Gangavathi. Our branch proudly secured the 2nd Best Branch Award in the *Small-Medium Category*, along with the Social Impact Award for the outstanding work of the Gokak Women Doctors' Wing. Felicitation of Dr. B. B. Ghodageri IMA Gokak members felicitated Dr. B. B. Ghodageri, Senior Surgeon, Gokak, on being appointed as a Trustee of the Yeshaswini Scheme. Karnataka Government. Participation in Gokak Half Hill Marathon Many IMA Gokak members enthusiastically took part in the Gokak Half Hill Marathon conducted by Rotary Club Gokak on 9th November. Training Workshop on Biomedical Waste Management. IMA Gokak, in association with Banashankari Environmental Service, conducted a Biomedical Waste Management Training

Workshop for hospital staff on 13th November. Regular Monthly IMA Meeting – 15th November. The monthly academic meeting focused on the implementation of government health programs such as *Laksha, eDAR, and Daksata* in private hospitals. Resource persons included: Dr. Vishwanath Bhovi – District Enforcement Officer. Dr. Shivaleela S. Shirol – District Consultant, Quality Assurance, Mrs. Shabnam Havaldar – District Rollout Manager, Belagavi District, Project eDAR (NIC), Belagavi. They delivered an insightful session on the Health Module of eDAR. 6. School Health Education Program – 20th November Dr. Vishwanath V. Shindholimath, President, IMA Gokak, delivered a health education lecture for KLE Degree College students, Gokak. He discussed important topics including healthy lifestyle, disease prevention, and the importance of HPV vaccine in preventing cervical cancer. Dr. Umesh Nippani, Secretary, IMA Gokak, was also present during the program.

Branch:	Holalkere
President:	Dr.H.S.Shivanna
Secretary:	Dr.C.Manjunath

In association with Indiana heart and SJM Hospital Chitradurga and District health and Family welfare services, IMA Holalkere conducted Heart check up camp at Holalkere, Inauguration done by watering plant, Dr Sujay Cardiologist screened 107 patient ,screening done by checking BP, Ecg and Echo.5 patient asked for further evaluation. IMA president Dr H S shivanna, Vice-president Dr Rekha Dr Verabadresh physician, Dr Manjunath were present.

Branch:	Hubballi
President:	Dr. Basavaraj Sajjan
Secretary:	Dr. Mahesh Kurugodiyavar

On 18.10.2025: Valedictory & Installation Ceremony of IMA Hubballi Branch and Valedictory of IMA WDW Hubballi was held on Saturday 18th October 2025 at IMA House, Bailappanavar Nagar, Hubballi. Chief Guests was Dr Veerabhadrappaiah T.A. President Elect, IMA K.S.B. 2025-2026 and Shri Shankranna Munavalli Director, KLE Society, Belgaum. Chief Guests inaugurated the function by watering the plant. Dr Veerabhadrappaiah T.A. President Elect, IMA K.S.B. 2025-2026 installed the new office Bearers of IMA Hubballi Branch 2025-2026. Outgoing President Dr.Prabhu Biradar handed over the charge to Incoming President Dr.Basavaraj Sajjan, Outgoing Secretary Dr.Rajashekhar Dundaraddy handed over the charge to Incoming Secretary Dr.Mahesh Kurugodiyavar, Outgoing Treasurer Dr.Manjunath Nekar handed over the charge to Incoming Treasurer Dr.V.S.Donimath. Chief Guests was Dr Veerabhadrappaiah T.A. President Elect, IMA

K.S.B. 2025-2026 and Shri Shankranna Munavalli Director, KLE Society, Belgaum were felicitated on this occasion. In there keynote address both stressed the importance of unity among IMA members and requested all doctors to contribute in the activities of IMA. Outgoing Office bearers of IMA Hubballi Dr.Prabhu Biradar, Dr.Rajashekhar Dundaraddy, Dr.Manjunath Nekar and Outgoing Office bearers IMA WDW Dr.Shobha Bembalgi, Dr.Asha Patil and Dr.Renuka Dugani were felicitated. The function was followed by dinner. On 16.10.2025 IMA Hubballi branch in association with Jayapriya Eye Hospital, Hubli conducted Free Blood Sugar & Eye Checkup Screening camp at IMA House, Hubballi. President Dr. Basavaraj Sajjan, Dr.Venkatram Katti, Dr.Manjunath Nekar and other doctors participated in the camp. Eye check-up screening and Blood sugar screening was done for around 150 persons. On 29.10.2025 On the occasion of World Stroke Day IMA Hubballi In Association with Shri Balaji Institute of Neuro Sciences & Trauma organised a Walkathon on Tuesday 29.10.2025 at 8.00 a.m. from Balaji Hospital to Shirur Park Circle and return to Balaji Hospital. Dr. Basavaraj Sajjan President IMA Hubballi, Dr.Mahesh D.K.Secretary IMA Hubballi , Dr.S.Kranti Kiran Chairman Balaji Hospital and Nursing students from various nursing colleges participated in the Walkathon. On 14.11.2025 On the occasion of World Diabetes Day 2025 IMA Hubballi Branch conducted Health education and awareness programme for adolescents and teachers of Kendriya Vidyalaya. Secretary Dr.Mahesh D.K. and Dr.Manjunath Nekar attended the programme. On 15.11.2025 First IMA Hubballi Monthly CME for the year 2025-2026 was held at IMA House, Hubballi. Dr.Chetan Ginigeri Consultant in Pediatrics and PICU,Manipal Hospital Yelahanka, Bengaluru spoke on Pediatric Trauma More Hidden than Apparent, Dr.Sai Krishna B.Naidu Consultant - Orthopedician, Manipal Hospital, Yelahanka, Bengaluru spoke on "Advancement In Total Knee Replacements". Around 55 members attended the CME. On 15.11.2025 The 1st Monthly meeting of IMA Hubballi branch for the year 2025-2026 was held at IMA House, Hubballi. Around 50 members attended the meeting. On 17.11.2025 IMA Hubballi branch in association with Jayapriya Eye Hospital conducted One day CME for Social workers to enhance community Eye Care and restore sight with compassion. President Dr.Basavaraj Sajjan, Secretary Dr.MaheshD.K., Dr.Venkatraman Katti, Dr.Manjunath Nekar, Dr.Anuja Desai, Dr.Rashmi, Dr.Priya V.Katti and other doctors participated in the CME. 250 Students & social workers participated in the CME. On 21.11.2025: The 1st Managing Committee meeting of IMA Hubballi branch for the year 2024-2025 was held at IMA House, Hubballi. Around 40 members attended the meeting.

Branch Activity Gallery



Athani



Belgaum



Bengaluru



Challakere



Bijapur



Chikkaballapura



Gadag



Dharwad



Branch Activity Gallery



Gadag



Gangavathi



Gokak



Holalkere



Tumakuru



Hubli



Challakere



Nelamangala



Branch Activity Gallery



Jamkhandi



Karwar



Koppa



Kundapura



Mandya



Mangaluru



Raichur



Shikaripura



Branch Activity Gallery



shivamogga



Sirsi



Sullia



Udupi-Karavli



Yelahanka



Hon. State Secretary Dr. Suriraju V. and Dr. N.T. Srinivas, MLA Kudligi
Met Hon'ble Home Minister Sri Dr. G. Parameshwara and Chief Secretary, Govt. of Karnataka
Dr. Sharath Chandra Regarding Fire NOC

IMA Lingasuguru Branch Supporting Farmers Strike



ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘ (ಐ) (ಲಿ)

ಕರ್ನಾಟಕ ರಾಜ್ಯ ಶಾಖೆ



“ಐ.ಎಂ.ಐ. ನಡಿದೆ - ಶಾಲೆಯ ಕಡಿದೆ”

ಸಮಾಜದ ಸೇವೆಗೆ ವೈದ್ಯರು
ಒಬ್ಬ ವೈದ್ಯ ನಮ್ಮ ಸಮಾಜದ
ನಾಯಕನೂ ಹೌದು



ನಮ್ಮ ವಿಲ್ಲಾ
ಸದಸ್ಯರು ಹತ್ತಿರದ
ಶಾಲೆಗಳಿಗೆ ಭೇಟಿ ನೀಡಿ,
ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಪ್ರಮುಖ
ಆರೋಗ್ಯ ಮತ್ತು ಸುರಕ್ಷತಾ
ವಿಷಯಗಳ ಕುರಿತು ಶಿಕ್ಷಣ
ನೀಡಲು ಒಂದು ಕರೆ

ಸಭೆಗಳು / ಕಾರ್ಯಕ್ರಮಗಳು ಈ ಕೆಳಗಿನ
ವಿಷಯಗಳನ್ನು ಒಳಗೊಂಡಿರಬೇಕು

- ವೈಯಕ್ತಿಕ ನೈರ್ಮಲ್ಯ
- ಧೂಮಪಾನ, ತಂಬಾಕು ಮತ್ತು ಮದ್ಯಪಾನದ ದುಷ್ಪರಿಣಾಮಗಳು
- ತುರ್ತು ಪರಿಸ್ಥಿತಿಗಳಲ್ಲಿ ಪ್ರಥಮ ಚಿಕಿತ್ಸೆ (ತಲೆಗೆ ಪೆಟ್ಟಾಗುವುದು, ಫಿಟ್ಸ್, ಸುಟ್ಟಗಾಯಗಳು, ನಾಯಿ / ಹಾವು ಕಡಿತ)
- ಇಂಟರ್ನೆಟ್ ಮತ್ತು ಮೊಬೈಲ್ ವ್ಯಸನ - ಪರಿಣಾಮ ಮತ್ತು ಪರಿಹಾರಗಳು
- ಸೈಬರ್ ಸುರಕ್ಷತೆ ಮತ್ತು ಆನ್ಲೈನ್ ವಂಚನೆ ತಡೆಗಟ್ಟುವಿಕೆ
- ಮುಟ್ಟಿನ ನೈರ್ಮಲ್ಯ ಮತ್ತು ಹದಿಹರೆಯದವರ ಆರೋಗ್ಯ-ಮಹಿಳಾ ವೈದ್ಯರಿಂದ



ಡಾ. ವಿರಭದ್ರಯ್ಯ ಐ.ವಿ.
ರಾಜ್ಯ ಅಧ್ಯಕ್ಷರು



ಡಾ. ನೂಲಿರಾಜು ವಿ.
ಗೌರವ ರಾಜ್ಯ ಕಾರ್ಯದರ್ಶಿಗಳು

ದಯವಿಟ್ಟು ನಿಮ್ಮ ಚಟುವಟಿಕೆಯ ಸಂಕ್ಷಿಪ್ತ ವಿವರಗಳು ಮತ್ತು ಘೋಷೋಗಳನ್ನು ಐಎಂಐ ಕೆಎಸ್‌ಬಿ ಕಚೇರಿಗೆ ಕಳುಹಿಸಿ.

(imaksbpresident@gmail.com | imafocus@gmail.com)

Branch: Jankhandi
President: Dr.H.G.Daddi
Secretary: Dr.Biradar

On 31.10.2025 - Participation in Cycle Jatha on the occasion of Karnataka Rajyotsava. On 01.11.2025 - Participation in Karnataka Rajyotsava Day. On 02.11.2025 - IMA Core Committee Meeting. On 13.11.2025 General body meeting was conducted to plan for 2025-26. On 14.11.2025 World Diabetes Day observed by doing diabetes Screening In 140 Poura Karmikas.

Branch: Karwar
President: Dr.(Capt.) Suresh Bhat
Secretary: Dr. Sharad Kolvekar

On 15.11.2025 CME Programme was conducted at Hotel premier. Topics. (1). "CKD management for GPs" by Dr Amol mahaldhar Nephrologists from manipal hospital, 2. "basics iron deficiency anemia" by Dr Mahadeva swamy, Hemeto Oncologist, Manipal Hospital, GOA. About 50 doctors participated.

Branch: Koppa
President: Dr Sathish Shanbhag
Secretary: Dr Udayshankr H G

On 10.09.2025 New Office bearers of IMA Koppa have been selected unanimously. Dr Sathish Shanbhag, president of IMA Koppa was selected as New president and Dr Udayshankar H G was selected as New Secretary. On 27.09.2025 CME programme was conducted. In association with Ashraya Super speciality Hospital, Chikmagalur. Topic: (1). "Management of Heart failure and recent advances in diagnosing CAD" by Dr Aniketh Vijay, (2). "Management of Heart failure and recent advances in diagnosing CAD" by DR Ashwini Aniketh, (3). "Basics of Neonatal Resuscitation" by Dr. Sumukh M S, (4). "Approach to seizures and acute management of CVA". On 06.10.2025 Third dose of HPV vaccination was given to 70 beneficiaries at Adarsh hospital Koppa. On 22.10.2025 Deepavali celebration at IMA Hall Koppa by members and their families by lighting diyas and distributing sweets. On 14.11.2025 Offered homage to Salumarada Thimmakka on 14.11.2025, legendary lady, at Salumarada Thimmakka Udyanavana in association with Rotary club.

Branch: Kundapur
President: Dr.Balakrishna Shetty
Secretary: Dr. Sandeep Shetty

On 22.11.2025 CME programme was conducted held at Sahana Hall Kundapura. Dr Premananda, Taluk Health Officer gave talk on "Updates in KPME Act" by .Dr Latha

Nayak gave a talk on "Ayushman Bharath and Arogya Karnataka Yojna".

Branch: Mangaluru
President: Dr.Sadananda Poojari
Secretary: Dr.Prakash Harishchandra

The Installation ceremony for the office bearers of IMA Mangaluru Branch took place on October 17th 2025, at 8 pm in the IMA hall. Dr. M Venkataraya Prabhu, Past President, IMA Mangaluru Branch as the installation officer. He administered the oath to the incoming office bearers. The outgoing office bearers were felicitated, and the yearly report from the previous year was presented by the outgoing team. Dr. C N Manjunath, Loksabha MP of Bangalore Rural, Ex. Director Jayadeva Institute of cardiology, Bangalore was the Chief Guest and Mr. Ivan D'Souza, MLC, Govt of Karnataka and Dr. Shivaprakash, District Surgeon and Superintendent, Govt. Wenlock Hospital, Mangalore were the Guests of Honour for the Programme. The Programme started with IMA Prayer by Dr. Madhusudhan E, outgoing Treasurer. Dr. Sadanand Poojari, the incoming President, delivered the acceptance speech, elaborating on the programs planned for the year 2025-26. Dr. Prakash Harishchandra, the incoming Secretary, expressed gratitude in the vote of thanks. The women wing (WDW, Mangalore) installation ceremony was held on the same day. Dr. Prema D'Cunhatook over as president for the year 2025-26. On 4th October 2025, IMA Mangaluru Branch along with Arivu Early Intervention centre and Lions club nethravathi organised a half day training programme on Basic life skill training and first aid management for the care takers of mentally retarded children at Arivu early intervention centre and for the staffs. This programme was attended by total of 50 participants who were the care takers of the mentally retarded children. First Aid and Basic life skill training was given by 4 Doctors Sudhir Prabhu, Dr. Dane Chandy, Dr. Pragyaraj and Dr. Archana Bhat. Fr. Muller Medical college simulation centre provided the Mannequins for the basic life skill training. The training was followed by an interactive and hand zone session which was well appreciated by all the participants. The Lions Club Governor, Kudipu Arvind Shenoy, was the chief Guest for the programme. Lions Vinaya Shetty, president of Nethravathi was the Guest of Honour. Dr. Jessy Maria D'Souza was the Chief Guest, who praised the initiation done by the Arivu Trust and emphasized the importance of Basic life support training. IMA Mangaluru Branch along with Birla Infertility and IVF centre organised the CME on October 9th 2025 at IMA Hall. Dr. Gaurav Gujarathi who is a Centre Head for Birla Infertility and IVF centre Mangalore gave a interesting talk on "Oocyte

Freezing". It was followed by an interactive session by Dr. Varsha Samson Roy, Embryologist Birla Infertility and IVF centre Mangalore, on "Preimplantation Genetic testing (PGT): Indications and our experience" over last two decades. More this talks there followed by an interactive question and answer session and active participation by the IMA members. The Annual Cricket Tournament - Dr. M V Shetty- Chowdiah Memorial Cricket Tournament 2025 was held on 12th October 2025 at Padua College ground, Mangalore. The Inaugural function was held at 9.00am. Dr. Ranjith Shetty, Prof. Urologist, KMC Mangalore, sponsored Lunch for the Tournament. The final match was held between Team KMC and Team AJ. The Team KMC won the Champions Trophy of the Dr. M V Shetty- Chowdiah Memorial Cricket Tournament 2025. Team AJ XI won the Runner up Trophy. On the same day (12th October 2025) Annual IMA Throw ball Match of WDW 2025 was held. The final match was held between Team Kshema & Team Challengers won the Champions Trophy of Annual IMA Throw ball Match of WDW 2025 and Team Challengers won the Runner-up Trophy. IMA Mangaluru Branch members are visited to IMA State Conference and received the BEST BRANCH AWARD and BEST SPORTS AWARD from IMA Karnataka State Branch at Gangavathi. Dr. Rashmi Jain has been conferred with the 'Elizabeth Blackwell Award' in recognition of teaching and mentoring in Ophthalmology at the annual 2025 conference of Women Ophthalmologist Worldwide & Women Ophthalmologist society of India in Delhi. Dr. Prabha Adhikari was a panelist in a panel discussion on the topic-"Home care for the Elderly, challenges and opportunities "At Kerala GSICON 2025 on 5th October 2025. On 7th October 2025, Dr. Sulekha delivered a talk on "Mental wellness in adolescents" during youth wellness workshop for medical students along with faculties from AIIMSMangalagiri, UNICEF, at KSHEMA Mangaluru. An article on perinatal mental health in Sudha magazine by Dr. Aruna Yadiyal, Professor of Psychiatry at FMMC Mangalore.

Branch:	Mandya
President:	Dr.T.N.Marigowda
Secretary:	Dr.M.Vinay

On 24-25-26 Oct 2025 IMA Mandya Branch president, Dr TN Marigowda attended MEDICON 91 at Gangavathi. It was very well arranged, well organized. New IMA president Dr Veerabadrhiah was congratulated. On 27 Oct 2025 IMA Mandya Branch president, Dr TN Marigowda attended DC meeting regarding TB control program. All doctors and staff to collect sputum for AFB from those with more than 2 weeks cough. On 29 Oct 2025 IMA Mandya Branch arranged World Stroke Day,

Blood pressure, Blood sugar and neurological examination was done. About 60 patients attended. Health education regarding detection & immediate action and prevention of stroke was given. Importance of healthy diet and avoiding alcohol & smoking was advised. On 31 Oct 2025 IMA Mandya Branch arranged CME at IMA Bhavan, Mandya. Topic was joint replacement, robotic surgery & sports injury care. Dr Raghu, Dr Kiran & Dr Jagadish from Kaveri hospital, Bengaluru were the speakers. Detailed information regarding robotic surgery was given. About 70 doctors attended the program. On 05.11.2025 IMA Mandya Branch in association with MIMS, Mandya organized a jaatha regarding One health. People were educated regarding. IMA Mandya branch president, IMA Mandya branch secretary and office bearers of IMA Mandya branch along with principal MIMS, Mandya and staff of MIMS, Mandya participated in the jaatha. On 14.11.2025 IMA Mandya Branch arranged World Diabetes Day, at MIMS Mandya, Blood pressure, Blood sugar, etc was done. About 70 patients attended. Health education regarding prevention, early diagnosis, treatment and check-ups was given. Role of diet and lifestyle was stressed upon. On 17.11.2025 IMA Mandya Branch president, Dr.T.N Marigowda attended DC meeting regarding National health programs. Measles Rubella vaccination was discussed in detail. Prevention of female feticide prevention and sex-ratio imbalance was discussed. On 19.11.2025 IMA Mandya Branch conducted meeting to discuss organization of kannada Rajyothsava. It was decided to be held on 30th Nov 2025. Dr Nandish, Dr Jagadish, Dr Krishnappa, Dr Kakkilaya (divisional coordinator), Dr Siddegowda, etc participated in the meeting.

Branch:	Nelamangla
President:	Dr.M.Jayaprasad
Secretary:	Dr.S.Rajendra Prasad

On 17.10.2025 CME programme was conducted. Topics: (1). "Neuro Surgery - Recent Advances" by Dr. Lakshman I.K. Sr. Consultant Neurosurgery and Spine Surgery, Manipal Hospital, Yeshwanthapur, Bangalore, (2). "Combat the conundrum: Pearls in Paediatric Haematology Oncology and BMT" by DR. Vinay M.V. Consultant Paediatric Haematology and BMT, Manipal Hospital, Yeshwanthapur, Bangalore. (3). "From Gall stone to GI cancer: Surgical threshold explained - Bridging Clinical suspicion to timely GI surgical referral" by Dr. Lohith. P. Consultant Robotic Surgical Gastro, GI and HPB Onco surgery, Manipal Hospital, Yeshwanthapur, Bangalore.

Branch: Raichur
President: Dr.ShriShailesh Amarkhed
Secretary: Dr.Shushrut A. Neelopant

On 27.09.2025: The General Body Meeting of IMA Raichur was held. During the meeting, elections were conducted and the following office bearers were unanimously elected: President: Dr. ShriShailesh S. Amarkhed, Vice President: Dr. Sridhar Vytla, Secretary: Dr. Sushrit A. Neelopant, Joint Secretary: Dr. Raman Gowda, Assistant Secretary: Dr. Shilpa Patil. The IMA bylaws were discussed in detail and will be submitted shortly for registration. On 28/09/2025: A blood donation camp was organized at Royal Fort, under the guidance of Mr. Tipparaju Sir, on the occasion of Sri Narendra Modi's Birthday. Total units of blood collected: 10. On 30/09/2025: The Women Doctors Wing (WDW) successfully conducted Dandia Celebrated with enthusiastic participation from members and families. On 08.10.2025: A special lecture by Dr. Raghavendra Kulkarni on the topic "Next Generation Doctors" was held at IMA Hall, Raichur. On 29.10.2025: IMA Raichur, in association with AINU, Hyderabad, organized a CME on Nephrology and Urology on 29 October 2025, which saw excellent academic interaction and participation. On 24-26 Oct 2025): IMA Raichur achieved remarkable recognition at the 91st IMA MEDICON 2025:Second Best Large Medium Branch Award, Award for Maximum Increase in Membership, WDW – Cultural and Literature Category Award, Scroll of Honour and Award of Appreciation presented to Dr. Anirudh Kulkarni for his outstanding contribution and continuous motivation of members towards the IMA KSSS Scheme. Additional Highlights:Oration by Dr. Jayaprakash Patil, Dr. Basavaraj Patil moderated a session on new technologies in international cardiology, Dr. ShriShailesh S. Amarkhed and Dr. Suresh Sagar chaired scientific sessions, Dr. Mallesh Gouda led a two-hour panel discussion on Finance and Online Security. On 09.11.2025: IMA Raichur, in association with Indian Psychiatric Society – Karnataka Chapter, conducted a Teachers' Awareness Programme on Mental Health by Dr. Manohar Y. Pattar, Dr. Vinay. On 31.10.2025: IMA Raichur, along with ESIC Sub-Regional Office, Kalaburagi, held an orientation meeting on 31 October 2025 at 7:30 PM to explain the newly launched ESIC Scheme to IMA members. Installation Ceremony – WDW & Spoorthi 2025–2026 (16/11/2025). Women Doctors Wing – Office Bearers 2025–2026: President: Dr. Shreelatha Patil, Secretary: Dr. Trupti Patel, Vice President: Dr. Priya Balkhi, Joint Secretary: Dr. Shilpa Naglapur, IMA Spoorthi – Office Bearers 2025–2026: President: Mrs. Sumangala Patel, Secretary: Mrs. Sujata Devareddy, Vice President: Mrs. Chitra Gadwal, Joint

Secretary: Mrs. Banu Murali, Treasurer: Mrs. Deepti Padashetty. Kannada Rajyotsava & Children's Day – 16.11.2025 WDW and IMA Spoorthi jointly celebrated Kannada Rajyotsava and Children's Day on 16 November 2025 with cultural programmes and enthusiastic participation.

Branch: Shikripura
President: Dr Anilkumar. C.N.
Secretary: Dr.Shivanand.H.G.

On 18.11.2025 IMA Shikarupa Branch was conducted Blood Donation Camp at PHC Chikkjogihalli. Collected 151 unit's.

Branch: Shivamogga
President: Dr K R Ravish
Secretary: Dr K S Shubrata

On 23.10.2025, Joint EC meeting was held. On 25.10.2025, team from IMA Shivamogga attended MEDICON at Gangavathi and received Best Branch Award in Large branch category and President appreciation award for WDW, IMA Shivamogga. On 26.10.25, HPV vaccination drive was conducted and the vaccines administered to 78 medical students. On 27.10.2025, Akashavani program by Dr K.S Pavithra on suicide prevention was broadcast. On 28.10.2025 and 29.10.2025, CPR program was conducted at KRTC bus stand by Dr Shashidhara HL, Dr Kousthubha Arun and Dr K Anup Rao. On 29.10.2025 World Stroke Day program was held in association with Neuro Bharat Hospital. Walkathon was arranged in the morning, which was inaugurated by Dr Dhananjay Sarji MLC. Later, awareness program was conducted by eminent Neurologist Dr Shivaramarishna A, followed by a free camp for stroke patients. On 31.10.2025, YouTube video on importance of breast feeding by Dr. Shambhulinga Bankolli was released by IMA Shivamogga. On 01.11.2025, an article on menopausal problems authored by Dr Usha Ramesh was published in Shimoga times newspaper in IMA Shimoga health articles column. On 02.11.2025, Kannada Rajyotsava and inauguration of the activities for 2025-26 was held. Dr Y C Yogananda Reddy, President KMC and Dr Harisha Delanthabettu were the chief guests. Kannada quiz was conducted by Dr Gurudutt KN and IMA Music club presented melodious Kannada songs. On 03.11.2025, Akashavani talk on Sleep by Dr K S Pavitra was broadcasted. On 4/11/25, One health day was celebrated in association with KAPMI college. Mr.Srikantha A V gave a talk on climatic changes and health. On the same occasion Dr Rajendra Chennai was felicitated for being awarded with Karnataka Rajyotsava award. On 04.11.2025, A

youtube video on Hypotension by Dr Srikanth Hegde was released in our Youtube channel. On 07.11.2025, on the occasion of World Cancer Awareness Day, Dr Chandushree gave a talk on Cancer Awareness at Kamala Nehru Women's College. On 07.11.2025, a video by Dr Vijaylakshmi Ravish on misconceptions about heavy bleeding was released on our YouTube channel. On 08.11.2025, an article on Interventional Radiology by Dr Satish MR was published in Shimoga times newspaper. On 09.11.2025, CPR program was conducted by Dr Kousthubha Arun & Dr Shwetha Badami at Vasavi Kannika Parameshwari temple. On 10.11.2025, Akashavani program by Dr Ajay Baddi on Pneumonia was broadcast. On 11.11.2025, Our team met D C Mr Gurudutt Hegde. On 13.11.2025, EC Meeting was held. On 14.11.2025, Team met SP Mr Mithun Kumar and greeted him. On 14.11.2025, World Diabetes Day program by Dr K R Ravish was broadcast in Akashavani Bhadravathi. On 14.11.2025, A YouTube video on Vaccines by Dr Shambhulinga Bankolli was released. On 14.11.2025, an article by Dr Raksha Rao on Puerperium was published in Shimoga Times newspaper. On 15.11.2025, School Health program "ವೈದ್ಯರನಡೆ- ಶಾಲೆಯಕಡೆ" was initiated with first one in

Government High school, Basaapura, Bilaki, by Dr K S Shubrata. On 16.11.2025, World Diabetes Day program was held in association with Rotary Diabetes Self-care foundation. Two talks 'Diet as a therapy for DM' by Dr K R Ravish & 'Importance of physical activity in DM' by Dr Vishwanath were held. Free Health check-up, Monitoring & Counseling was done for patients with Diabetes. HPV Vaccination Drive was conducted on the same occasion. On 16.11.2025, Children's Day was celebrated by WDW team with competitions for kids and variety of cultural programs by kids. On 17.11.2025, Akashavani program on the occasion of World Prematurity Day was broadcast and Dr Ajay Baddi Y spoke in the program. On 18.11.2025, YouTube video by Dr Subhash B A on the topic of Squint was released. CPR PROGRAMME DETAILS - 2024-25: CPR Education Conducted for Students of Nursing College, SIMS Shivamogga on 29/09/2024. Dr.Anup K Rao as a resource Person Educated more than 80 students. CPR Education Programme Conducted for Staff of Shankar Eye Hospital Shivamogga on 21/09/2024. Dr.Anup K Rao as a resource Person Educated more than 50 Staff. CPR Education Programme Conducted for Employees of Nagaraj Neuro clinic Shivamogga on 27/09/2024. Dr.Sandya as a Resource Person Educated more than 50 Staff. CPR Education Programme Conducted for Members of Vokkaligara Mahila vedike on 25/10/2024. Dr.Sandya D and Dr.Kousthubha Arun as the Resource Person Educated more than 50 Members. CPR and First aid education session was conducted for the

employees of Shantha spherocast PVT LTD , Machenahalli on 13/11/2024. Dr. Vikram S Kumar, Dr:Shambhulinga Bankolli and Dr.Anup K Rao as Resourse Person Educated more than 60 Employees. CPR education session was conducted for the Students of JNNCE Shivamogga on 16/12/2024. Dr. Shashidhar H L and Dr.Kousthubha Arun as a Resource Person Educated more than 100 Students. CPR education session was conducted for the Employees of Valyou Products Pvt Ltd Shivamogga on 27/12/2024. Dr.Sandhya as a Resource Person Educated more than 100 employees. CPR education session was conducted for the Staff of Police Department Shivamogga on 04/01/2025. Dr. Anup Rao as a Resource Person. Educated more than 100 Students. CPR week - CPR Programs: 13th Oct to 19th Oct 2025: As per directions by IMA Headquarters, CPR week was celebrated from 13th to 19th October with programs all over Shivamogga. Thousands of students, nursing staff, teachers and pubic, participated and had hands on experience. The details are as follows. 13/10/25: 9 am - Sridhar Nursing Home - Dr Shashidhara HL, 4 pm - Shimoga diagnostic Centre - Dr Kousthubha Arun. 14/10/25: 2 pm - Unity Hospital - Dr Shambhulinga Bankolli & Dr Ajay Baddi, 3 pm - SUIMS for Autodrivers& Security guards - Dr Shwetha Badami. 15/10/25: 6.30 am Anikethana Park, Rajendra Nagar - Dr K Anup Rao. 16/10/25: 11 am - Seegehatti PHC - Dr Shashidhara H L, noon - Srirampura PHC - Dr Shashidhara H L, 2pm - SUIMS Canteen staff - Dr Shwetha Badami, 3 pm - SUIMS OT staff - Dr Shwetha Badami, 5 pm - Snehavahini women Co op society - Dr Kousthubha Arun & Dr Shwetha Badami. 17/10/25: 7 am group at IMA - Dr Shashidhara H L, 2.30 pm - Kamala Nehru College - Dr Shambhulinga Bankolli, Dr Ajay Baddi. 18/10/25: 6am - Freedom park - Dr K Anup Rao, 6 pm Y HA - Dr Sandhya Panji. CPR Programs continued till now: On 28/10/2025 and 29/10/2025, CPR program was conducted at KRTC bus stand by Dr Shashidhara HL, Dr Kousthubha Arun and Dr K Anup Rao. On 9/11/25, CPR program was conducted by Dr Kousthubha Arun & Dr Shwetha Badami at Vasavi Kannika Parameshwari temple. On 26/11/25, CPR program was conducted for 100 plus ladies of Sri Kshetra DharmasthalaSwasahaaya Sangha by Dr Sandhya Panji and Dr Swetha Badami. In collaboration with Ladies Wing. Shimoga.

Branch:	Sirsi
President:	Dr. Mukund Marathe
Secretary:	Dr. Harsha Nadgir

On 1st of November, Kannada Rajyotsava was celebrated by IMA Kannada Balaga and IMA Sirsi by singing our Nadageethe and our members sharing some of their thoughts and their work in our rich literature.

Installation Ceremony: On the 8th of November, the new team of office bearers for IMA Sirsi 2025-26 led by Dr. Mukund Marathe as president, Dr. Harsha Nadgir as secretary and Dr. Rohit Hegde as treasurer were installed by Retd. Lt. Gen. Dr. Madhuri Kanitkar. World diabetes day: On the occasion of World Diabetes Day, a walkathon was organised to create awareness about diabetes prevention in association with Lions International, Senior Chamber International. Many of our members along with general public participated. Our senior member Dr. Dinesh Hegde gave a talk on the topic and also stood first in the walkathon. Individual achievements and Awards: Our senior Ophthalmologist Dr. Shivaram K.V. has taken the charge as the President of Karnataka ophthalmic society at the state conference held at Davangere between 13th to 16th November. At the State ophthalmic conference, Dr. Vishwanath Ankad has received Best poster award in cornea category for topic on "Bowmans layer inlay graft technique". Medico social activities: Under the guidance of Dr. Mamata Hegde, Cancer screening camps were conducted at Manchikeri on 28.10.2025 where 65 oral screening, 54 breast screening and 21 Pap smear were taken. Also on 29.10.2025 at taragod where 55 oral screening, 34 breast screening and 24 Pap smear taken. On 20th November, Dr. Pooja, Ophthalmologist at TSS hospital gave a talk on Health awareness, menstrual hygiene and hygiene for school children at St Anthony's English medium school. On the same occasion Dr. Pooja also addressed the teachers regarding ESI functioning, social security benefits and eligibility criteria. On 20.11.2025 Dr. Pooja, Ophthalmologist at TSS hospital gave a talk on Health awareness, menstrual hygiene and hygiene for school children at St Anthony's English medium school. On the same occasion Dr. Pooja also addressed the teachers regarding ESI functioning, social security benefits and eligibility criteria.

Branch : Sullia
President : Dr. Aishwarya K. Chidananda
Secretary : Dr. Geeta Doppa

On 25.10.2025 Dr Geeta Doppa received the IMA President Appreciation Award of Sullia Branch at Medicon 2025 at Gangavathi. On 26.10.2025 A Health Camp was Organised at Kadaba Dr Ravikanth (Secretary of IMA Sullia) attended the camp along with other doctors. Around 150 Patients Were Examined And Treated. On 27.10.2025 Dr Anjali Inaugrated Red Cross Unit of 2025-26 at KVG Law College and Gave a talk on Blood Donation. On 09.11.2025 Dr Geeta Doppa attended the 889 SWC Meeting held on 0.11.2025 at IMA House, Bangalore. On 09.11.2025 Dr Veena Received Lekhika Shri Award Given

by Lekhikaa Mahila Vedike At Hassan. On 13.11.2025 Installation of New Office Bearers of Sullia Branch Was Organised on 13.11.2025 Dr Veerabhadraiah.T.A, President IMA Karnataka State Branch was The Chief Guest And Installation Officer. Dr K.V Chidananda The Chief Patron and Dr Mohan Appaji, Senior Vice President IMA-KSB was the Guest Of Honour. Dr Aishwarya K Chidananda was Installed the President of IMA Sullia Branch. On 14.11.2025 World Diabetes Day was Organised. Dr Prakash Rao Member of IMA Sullia and Professor and Head of Department Of General Medicine gave a talk. On 15.11.2025 Dr Veena attended the Kannada Rajyotsava Shibira at Dharwad and Participated in Kavi Goshti held on 15TH and 16TH November. On 19.11.2025 Dr Ravikanth.G.O Chairma, IMA-AMS, Sullia Chapter, gave a talk on importance of health and simple steps for healthy Life at the Program organised on account of International Men's Day. On 19.11.2025 Dr.K.V.Chidanada, (E.C.Member), Dr. Geeta Doppa, Hon Secretary, IMA Sullia Branch and Dr Apoorva (Ladies Wing Chairman) gave a talk on account of National New born Week Celebration. Dr Geeta Doppa Spoke On The Role Of Obstetricians In Newborn Care. On 20.11.2025 Hand Hygiene awareness drive was Celebrated and Selfish were taken at 12pm and Posted In Social Media. In collaboration with IMA Ladiws Wing.

Branch : Tumakuru
President : Dr. Krishnamurthy V
Secretary : Dr. Nalini Yeshwanth

November proved to be a remarkably productive month for IMA, with several impactful initiatives taking shape. The month-long cultural fest for children successfully promoted the richness of Kannada language, traditions, and cultural values through engaging activities. An immunisation drive for medical students was launched, accompanied by awareness talks highlighting the importance of preventive healthcare. As part of National Epilepsy Day, Dr. Shridhar, Neurologist, addressed heads of educational institutions and teachers, creating greater understanding about epilepsy and dispelling common misconceptions. The session also included practical first-aid training, equipping participants with essential emergency response skills.

Branch : Udupi-Karavali
President : Dr.Ashok Kumar Kamath
Secretary : Dr.Manas.E.R

On 20.10.2025 Health awareness program by Dr Kavya Ballal at Korava abhivruddhi okkuta Kundapura. On 23.10.2025 Awareness session on menstrual cycle,

hygiene, girl child safety at Salihath higher primary school Hoode. Attended by 150 students and 10 teachers. On 25th & 26th October 2025 : 91st IMA Karnataka State Annual Medical Conference- MEDICON 2025 IMA UDUPI KARAVALI branch was awarded Best branch for Medico Social and Community Health Activity. Women Doctors Wing of Indian Medical Association Udupi Karavali received an award at the State level conference - MEDICON 2025 at Gangavathi for Best Women's Branch. Best branch for Medico Social and Community Health Activity. Dr.Rajalaxmi participated as one of the panelists in state level conference -Medicon 2025. Topic was on Occupational hazards of health care workers. On 25.10.2025 : Gave a health talk on Violence against women and Menstrual hygiene at Govt PUC college, Brahmavara. About 60 students participated. On 25.10.2025 Health awareness talk by Dr Shruti Ballal, Diabetologist, Udupi to The senior citizens' forum at Udupi. About 50 persons attended the program. On 30.10.2025 Short story written by Dr Vijaya YB are published in weekly issues of Taranga magazine. On 30.10.2025 De-addiction camp at Dr.AV Baliga memorial hospital was held in association with Dharmasthala rural association, Indian psychiatric society Karnataka chapter and other organizations. Total 53 members participated in this camp for a week. On 01.11.2025 Dr. Prashanth Shetty and Dr. Sandeep Shenoy were honoured with the District Kannada Rajyotsava Award. It was presented to them by Honorable Minister Smt. Lakshmi Hebbalkar , Minister of Women and Child Development, and Disabled and Senior Citizens Empowerment, Katanatka along with Smt. Swaroopa T. K., IAS, Deputy Commissioner & District Magistrate, Udupi. On 07.11.2025 A Neonatal Resuscitation Workshop was conducted at Adarsha Nursing School by Dr. Ashok Kumar. On 10.11.2025 Dr Rajalakshmi conducted/attended PMSMA at PHC Hoode and addressed 20 expected couple on pre pregnancy care, breast feeding ,contraception and care of preterm babies. On 11.11.2025 Free Bone density camp at Amcare Clinic and Physiotherapy. It was conducted by Dr Suresh Shenoy. Around 30 patients attended the camp. On 14.11.2025 Children day celebration at Dr Ashok Kumar Kamath, IMA UK President's clinic. On 14.11.2025 Article by Dr Rajalakshmi on Gestational Diabetes in Sanje Prabha on the occasion of World diabetes day. On 14.11.2025 Article by Rajalakshmi on Gestational diabetes in Karavali Xpress on the occasion of World diabetes day. On 14.11.2025 Addressed 250 students of Rashtrothan PU college Cherkadi on physical and mental health of adolescence, POCSSO and child abuse. On 14.11.2025 A book was released at IYC Hall, Udupi. The book is written by Dr. Veerupaksha Devaramane. On 16.11.2025 Diabetic

Mela (free camp)was conducted by Adarsha Hospital in association with IMA-UK branch, District health and welfare society, District Hospital and other organization. Around 1300 members benefitted the camp. It was presided by Dr G C Chandrashkahr, MD of Adarsha Hospital and MLA Yashpal Suvarna and DHO - Dr Basavaraj Hubballi. On 16.11.2025 Monthly CME was conducted at Hospice and Rejoice Centre, Kolalgiri, Havanje. Topic - How a hospice and respite centre might be relevant to patients seen in general practice and in the community. Speaker was Dr Naveen Salins ,Professor and HOD, Medical Director - Research and Directorate of research, Department of Palliative Care, MAHE. On 17.11.2025 Article by Dr Rajalakshmi on Kangaroo mother care in Sanje Prabha on the occasion of World prematurity day. On 19.11.25 Conducted health camp at Golden Jubilee hall, Canara bank on the occasion of, Canara Bank founders day by Sunag Hospital in Association with IMA Udupi Karavali. Blood pressure, blood sugar ,bone mineral density (BMD) were done.. Dr Narendra Kumar.H.S (orthopedician), Dr Veena Narendra (family Physician) ,IMA president Dr. Ashok Kamath were present.. More than 200 campers attended the camp

Branch	: Yelahanka
President	: Dr. Nalina. d
Secretary	: Dr. Kiran Nidagundi

DOCTORS PREMIER LEAGUE organised by INDIAN DENTAL ASSOCIATION, Chikkaballapur, held on 26.10.2025 in MVIT Cricket ground. Was won by our YELAHANKA YODHAS. Dr.Chidanand, Dr.Chiranjeevi, Dr.Pavan. Dr.Girish N S, Dr.Nithin Gowda, Dr.Niranjan, Dr.Deepak G S, Dr.Hari Kiran, Dr.Srivatsa Bhat, Dr. Viraj and Dr.Rahul were active participants from IMA Yelahanka branch. IMA KARNATAKA STATE ANNUAL MEDICAL CONFERENCE- 91st MEDICON held at Gangavathi. Yelahanka Branch bagged 3 Awards for BEST PRESIDENT LOCAL BRANCH to Dr.Shanthala Girish, PRESIDENT'S APPRECIATION AWARD to Dr.Padma Prakash, SPORTS & FITNESS AWARD to Dr.Shree.V. & Dr.Archana Muralidharan. On Occasion of WORLD DIABETES DAY, Free Health camp was conducted related to DIABETES at SAI BABA TEMPLE, Vidyananyapura by IMA YELAHANKA. Free HBA1C tests were done for more than 150 patients, along with Blood sugar test. DIABETES AWARENESS & COMPLICATIONS Talk was given Secretary DR.KIRAN NIDAGUNDI. DIABETES RETINOPATHY SCREEING was done by DR.VENKAT SUBRAMANYAM.CONSULTATION was done by DR.AJAY & DR.KIRAN NIDAGUNDI. DIABETIC NEUROPATHY SCREEING was done.



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Age in Years	Below 30	Between 31-35	Between 36-40	Between 41-45	Between 46-50	Between 51-55	Between 56-60
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Group	New Silver Jubilee Scheme Age in Years	Subscription Fee	Registration Fee	Membership Contribution Fee	Group Accident Benefit Fess	Advance Fraternity Contribution	Total Amount
1	Below 30 Years	200	500	8500	1500	15000	25700
2	Below 31 to 35 Years	200	500	10000	2000	15000	27700
3	Below 36 to 40 Years	200	500	11500	2500	15000	29700
4	Below 41 to 45 Years	200	500	18000	3000	15000	36700
5	Below 46 to 50 Years	200	500	23500	4500	15000	43700
6	Below 51 to 55 Years	200	500	31000	5500	15000	52200
7	Below 56 to 60 Years	200	500	40500	6500	15000	62700

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Children Below 25 Yrs	Rs. 700.00	Rs.500.00	Rs.2500.00	Rs. 3700.00 + 666 = 4366	3000 + 540 = 3540/-
Below age of 35 Yrs But above 25 Yrs	Rs. 700.00	Rs.500.00	Rs.3500.00	Rs. 4700.00 + 846 = 5546/-	4000 + 720 = 4720/-
Below age of 45 Yrs But above 35 Yrs	Rs. 1000.00	Rs.500.00	Rs.4500.00	Rs. 6000 + 1080 = 7080/-	5000 + 900 = 5900/-
Below age of 55 Yrs But above 45Yrs	Rs. 1650.00	Rs.500.00	Rs.5500.00	Rs. 7650.00 + 1377 = 9027/-	6000 + 1080 = 7080/-
Below age of 65 Yrs But above 55Yrs.	Rs. 2350.00	Rs.500.00	Rs.6500.00	Rs. 9350.00 + 1683 = 11033/-	7000 + 1260 = 8260/-
Below age of 75 Yrs But above 65Yrs	Rs. 3100.00	Rs.500.00	Rs.7500.00	Rs. 11100.00+ 1998 =13098/-	8000 + 1440 = 9440/-
Below age of 85 Yrs But above 75Yrs	Rs. 3800.00	Rs.500.00	Rs.8500.00	Rs. 12800.00 + 2304 = 15104/-	9000+ 1620 = 10620/-

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Kannada Rajyotsava Celebrations



Attended snake bite, dog bite and animal bite awareness program at THO office Badami in collaboration with DHO, THO, Ayush doctors. Released awareness print materials.

President Visit - Gallery



Chikkaballapur



Doddaballapur



Haveri



Memory of Saalumarada Thimmakka



President Met Vice-Chancellor, RGUHS



President Visit to RGUHS Campus at Ramanagar



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